

**DINNER MENU
WEEK 3**

Vegetarian Options

MONDAY

**THREE BEAN AND TEMPEH CHILI
ROASTED VEGETABLE MEDLEY**

PASTA BAR

TUESDAY

**BROWN RICE W/ MARINATED TOFU
ZUCCHINI AND YELLOW SQUASH
PASTA BAR**

WEDNESDAY

**LENTILS AND BROWN RICE
MAPLE-GINGERED CORN
PASTA BAR**

THURSDAY

**CHEESE PIZZA
MUSHROOM AND PEPPER PIZZA**

FRIDAY

**SWEET & SOUR CHICKPEAS
BUTTERNUT SQUASH PUREE
CAULIFLOWER**

Main Line Options

MONDAY

**CHICKEN MARSALA
RSTD GARLIC MASHED POTATOES
STEAMED GREEN BEANS**

TUESDAY

**CHILI~ LIME MARINATED BEEF TIPS
ROASTED BUTTON MUSHROOM
HERB RSTD RED BLISS POTATO**

WEDNESDAY

**CARVED HERB RSTD PORK
VEGETABLE MEDLEY
ASPARAGUS RISOTTO**

THURSDAY

**HAWAIIAN PIZZA
PEPPERONI PIZZA**

FRIDAY

**CHEESE LASAGNA
ZUCCHINI AND YELLOW SQUASH
GARLIC BREAD**